



PARKWOOD ECHOES

8 Weeks to Wellness

The Eight Weeks to Wellness has had a total of 19 people register for the program.

Thank you to all the people who have made the program successful with your time and talents. Your support has been very much appreciated.

A special thank-you to the health professionals in helping with our participants health assessments.

We are half-way through the program and it has been a great experience worthwhile.



Evangelism & Outreach Calendar

- Jan. 4 - Feb. 15 — Eight Weeks to Wellness
- Jan. 24 - Feb. 19 — GLOW-a-thon
- Feb. 20-Mar. 7 — Discover Prophecy Seminar
- Mar. 14 - International Sabbath



From the Pastor

*“...Worship God! For the testimony of Jesus is the spirit of prophecy.”
(Revelation 19:10, NKJV)*

As John watched the vision of the long-awaited marriage supper of the Lamb unfold before his eyes, a sense of awe and sacred joy swept over him. When John fell at the feet of the heavenly messenger, the angel quickly reminded John that he was only a fellow communicator of the glories of Christ. God alone is to be worshiped! Why? The angel’s rationale for the exclusive exaltation of Jesus is given in these familiar words: “the testimony of Jesus is the spirit of prophecy” (Rev. 19:10).

Apparently, it is possible to hear, read, or (as in John’s case) receive the prophecies of Scripture and still fall short of true worship. How? When we forget the fundamental reality that the testimony of Jesus is the very spirit of prophecy. The religious leaders of Jesus’ day had fallen into the same trap. They had so narrowed their study of the minutia of Scripture that they lost the real meaning of Scripture, i.e., the Savior! Jesus realized their trajectory toward false worship and lovingly reminded them that the Scriptures “are they which testify of Me” (John 5:39).

The angel’s rebuke to John and the Master’s warning to the Pharisees are full of relevance for us today. As a people who have been entrusted with a prophetic commission (cf. Rev. 10:11; 14:6-12) we must not lose sight of the fact that the essential purpose of prophecy is to testify and witness of Jesus. The two are inseparable. A complete understanding of prophecy cannot be embraced without magnifying Jesus in those prophecies, and a complete understanding of Jesus cannot be enjoyed without exploring the prophecies that reveal Him (cf. Rev. 1:1a). At the end of the day, when we discover prophecy, we ought to discover Jesus.

What an awesome mission it is to reveal Jesus Christ to the world now in preparation for His soon return! **Beginning February 20 through March 7**, we have the opportunity to invite family, friends, and soon-to-be friends to “Discovery Prophecy” and ultimately discover Jesus!



PUMPING GAS

by Sherri Mae Olandag

I met *Nancy as I was pumping gas into my vehicle. A very friendly woman, I decided to invite her to our Discover Prophecy seminar. She was excited to get the invitation and wanted more to share with her friends! I asked what church she went to and how long she went there. She has recently attended one of the mega churches here in Modesto. Our conversation then led to me asking if she would like Bible studies. She agreed to my invitation and now I'm super excited to study with Nancy and her kids soon and very soon! All because I brought GLOW to a gas station, I was able to gain a Bible study contact! My prayer is for ministry to become a lifestyle. In everything you do, where ever you go, whoever you see, you can always be a light to someone.

Community Service

by Mary Ann Green

We are getting low on yarn used for making lap robes by some of our Church members. If you have extra yarn not being used we would put it to use. These lap robes are taken to different care facilities and delivered by our Pathfinders.

The recipients really appreciate them and our workers enjoy keeping their hands busy and minds engaged. We continually give food each month and have given out household items.

Our quilting group is busy working on their projects. Anyone is welcome to join us the 1st and 3rd Monday of the month at 6:00pm.



S.W.A.T. Spotlight

by Heidi Maekawa

"Wait, you mean you're saying this DVD is a Christian outreach tool?" The man who had a second ago been preoccupied on his phone turned all ears. *Marc had been a pastor and missionary to Peru for many years, and just as I had been knocking at his door he had been praying to the Lord. When I told him about my desire to share the gospel in Japanese, he shared his personal experience and encouraged me saying, "One day, you're going to look back and see how God has fulfilled that dream He has given you!" He signed up for Bible studies and purchased four books from me. Before I left, he shared with me some of the health problems he had been experiencing. I showed him a DVD on health which he eagerly traded for another DVD he had already purchased.

When I returned for the first Bible study, he told me, "Did you know that I was praying to God about my health problems, and God sent you to me with a DVD on health that told me exactly what I needed? God cares about even the tiniest details!" Marc thoroughly enjoyed the Bible study as well. In preparation for it, he had already gone through the Bible study guide I had given him, carefully looking up each verse and bookmarking them. Since then, he has even shared what he learned in the study with others! Please continue to pray that God leads us to those like Marc who are searching and praying for a closer walk with the Lord! (**Pseudonym used*)

The Adventurer Club

by Elda Martinez



This year we have five different classes. In the Little Lambs class we have seven kids and January Bautista is the instructor. In the Eager Beavers class we have five kids; Ed and Reena Verde are the instructors. In the Busy Bees class we have three kids; Francisco and Elda are the instructors. In the Sunbeams class we have four kids; Samantha Rush and Christina Smith are the instructors. In the Builders class we have two kids; Josue and Sharon Salgado are the instructors. The adventurers have been learning about nature, animals, healthy foods, Jesus, His love for us and His second coming. In December, we took a field trip to the Christmas Tree Lane and gathered at the Gomez's house afterwards to drink hot chocolate and eat haystacks. It was a fun evening! We were planning to go to the snow in January, but we had to cancel the trip because there was not enough snow.

Parkwood Christian Preschool (Focus on History)

In the beginning God created the heaven and the earth”
Genesis 1:1

Webster’s dictionary gives a few definitions of the meaning of history one of which states that, a branch of knowledge that records and explains past events.

At Parkwood Christian Preschool we simply do historical events as we teach our future history makers about our country. As part of our circle enrichment time our children state that, we live in the United States of America. Our President is Mr Obama, God made the world they repeat the pledge to the flag and the Bible, saying the above memory verse followed by two songs:

“We Love in America and “The B.I.B.L.E.

They Learn simple facts about special people who have contributed to making history changes. Some if their favorite history makers are Dr.Martin Luther King, Jr., Mrs. Rosa Parks, Ruby Bridges and their favorite President, Abraham Lincoln. Special activities, Bible stories and art projects help to make learning about history fun. It has been said that, “History repeats itself.” That could be true in many ways. The Preschoolers will be repeating history’s past events in they're learning experiences.

We will learn old concepts in new ways such as Salvation, coin recognition and value, fractions, classification, logical reasoning, cultural diversity and much more. We will enhance these learning experiences with Bible stories, music, nature walks, memory verses and other physical activities.

Learning never ends and if one thinks he or she cannot learn from children, I encourage you to just talk and interact with them for a short time and you will be amazed and even grow stronger as you become aware of how God has made these little special ones so beautiful and smart. Our little twin brothers Elliot and Jack taught Ms.Eva a new grace to say before lunch. “Jesus, thank-you for our food, we love you.”

KIDS VIEW POINT

“Ms. Eva” if you get a funny feeling in your leg it may be because your leg is yawning. Said by a 4 year old.

HAPPY VALENTINES DAY



Yours in Service for Christ
Ms. Margie, Ms.Irene, Ms. Mary, Ms. Salyna, and Ms. Eva

Preschool Upcoming Events

Valentine Party 2-13 

Presidents Day 2-16 Preschool Closed

WELCOME

Oscar, Adrian & Maya



Matilda 2-21
Genna 2-24

Vegan Special K Loaf

By Debbie Miranda

Ingredients

- 1 Tbl Bill’s Best Chiknish seasoning (available at health food store)
- 1/4 cup olive oil
- 1/4 cup applesauce
- 1 cup walnuts, chopped
- 1/2 - 1 onion, chopped
- 1 Tbl soy sauce
- salt to taste (or about 1 tsp)
- 1 12 oz box Special K cereal

Preheat oven to 350. Oil a 9x13 inch baking dish. Mash tofu well and mix in the rest of the ingredients. Crush Special K coarsely in the bag before adding to the mixture. Spread loaf into pan. Bake uncovered for 1 hour. Serve with gravy or ketchup.

Audio Recordings

Did you know you can pick up CD audio recordings of each Sabbath service in the lobby every week? You can also listen to past messages preached at Parkwood online. Just go to www.parkwood.adventistfaith.org and click on the “Multimedia” tab.

Adventist Senior Fellowship

Adventist Senior Fellowship invites those age 50+ to join our membership in attending a **“South of the Border” Everybody’s Birthday Party**, Sunday, Feb.15 at **Waterford Adventis Church, 13701 Yosemite Ave., Waterford.** The Luncheon will include “Mexican Haystacks,” games, entertainment and BIRTHDAY CAKE! (\$10.00 for members/\$10.00 for guests of members/\$12 for non-members) For reservation or information please call Jenny Beasley at (209) 838-6856 **before** February 10th.

Pathfinder News



By the time you read this we will be anxiously awaiting the Pathfinder Bible experience, taking part in the PBE or have completed the PBE.

It is scheduled for Sabbath afternoon on the 31st. Only 4 clubs are participating this year from our area, but we will do the best we can to represent Parkwood.

Our next event will be the Valentine Dinner on the 15th of February at 5:00pm.

We will be again serving Homemade Gluten Steaks. If you have not had these before you are in for a treat. Our pathfinders make the best steaks this side of the Mississippi. It will be a full meal including dessert.

Tickets will be \$10 each for adults and \$6 for children 9 and under. If you could call the office and reserve a place or call a pathfinders Leader we would appreciate it so that we can have adequate food for those attending.

PATHFINDERS Oshkosh (The Final Journey)

We were on the road by 6:00am. We left with sadness that it was over, but anxious to return to our homes and families. We had to say, see you later to Mrs. Gomez as she would be flying home and get there long before us. We were pushing the vehicles a little to get to Nebraska so that Kaitlyn and Mikeala could catch their flights home. Approaching Omaha, we made arrangements to meet with Lisa and Johnny Bennett (former Parkwood pathfinders) while Mike and Karen dropped the girls off at the airport. After Mike arrived we headed to our destination of Fort Kearney for dinner and our night’s stay.

As we traveled along we could see a storm coming from the North of us, and the clouds were black and ominous. Soon it was pitch black, pouring down rain and winds at 50 miles an hour, gusting to 80 miles an hour. Big semi’s were going by us and you could see the wind was pushing them sideways. The rain was coming down very hard, and it was hard to see the road let alone the road signs. So I watched for signs, and John watched the white line. We turned off the road by the Garmin direction but could hardly see the side streets. We turned in to a side street for the Fort Kearney Recreation area but could see no tents or RV’s. As we were sitting discussing what to do next, a pickup pulled up between two of our vehicles, and the driver asked if he could help. We did not see him approach. He was just suddenly there. We told him we needed the RV Park, and he said it was back down the road about 3/8ths of a mile. After leading us there, he then just as suddenly disappeared. I was asked if that was an angel, and I told the pathfinders if it was not he certainly was sent by God to help us. When we reached our camp sites it was still dark, the lightening was flashing all around us, but the rain was now much lighter. We all thanked God for his continual care of us in storms none of us are used too.

After a good night’s sleep we again arose early to continue in the direction of home. We stopped in Salt Lake City at the Cracker Barrel Restaurant for dinner. This was a treat for everyone, especially the cooks, and Mr. Herman treated us so we didn’t have to do dishes either. We stayed at the Salt Lake City RV Park that night and although we arrived about the time the pool was to close, they allowed us to use the pool. We were up early the next morning to continue our journey while the pathfinders slept. Most of them were still in pajama’s when we reached the Salt Flats, but they all got out to play for a little while. With our food supplies mostly depleted, we ate breakfast at McDonalds and stopped at Taco Bell for lunch where Mr. Gomez treated all of us. From there we just headed home and were very excited to see some of our church family there to welcome us back. Mike and Karen and John all helped in cleaning and polishing the motor homes so that we could return them the next morning.

We again thank God for His watchful care over not only our club but all the 47,000 pathfinder’s from around the world who attended the Forever Faithful Camporee with no deaths or serious injuries. Our club traveled over 4600 miles with no flats or incidents of consequence. Many of the pathfinders are already planning on going to the Camporee in 2019 about David and the Theme will be “Chosen”.

Your support at our Pathfinder Valentine Dinner will help them to start the funding for their next trip. Thank you again for your support of our club which made this trip possible.